

# **International Sugar Organization**

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#### **EXECUTIVE DIRECTOR**

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## **Various sugar related articles**

The Executive Director would like to draw your attention to the articles below all of which are relevant to the sugar sector.

#### **Sugaronline Ebriefing**

#### **NETHERLANDS: Cosun Beet launches Bright Beet ideas**

Cosun Beet Company launched its Bright Beet Book on Nov. 25, looking at more than 130 applications for sugarbeet, reports Sugaronline.

From pastries to vegan hamburgers, from sports clothes to cosmetics, from antifreeze agents in vaccines to replacements for microplastics, the sugar beet was a key component in innovative solutions for a sustainable future, it said.

The book is the world's first book to be made from beet paper, with an online version produced to accompany the physical book. The first copy was symbolically handed to Dirk de Lugt, Chairman of the Royal Cosun cooperative of 9,000 sugar beet growers.

During last week's 30<sup>th</sup> International Seminar in London, CEO Paul Mesters honoured the "International Sugar Organization (ISO) by handing the first 'international' copy of the Bright Beet Book to Executive Director Jose Orive, who received the publication and praised Cosun Beet Company for its leadership in Diversification and cutting-edge R&D.

"The Bright Beet Book is bursting with innovations showing how we and our partners can lead the transition from fossil to circular. Take our recent partnership with Avantium to produce plantbased components from sugars to build green plastics," said Paul Mesters, CEO of Cosun Beet Company.

## **FIJI: New President urges 2m tonne crushing target**

The new president Ratu Wiliame Katonivere has called on Fiji Sugar Corporation staff to work together to achieve a target of crushing two million tonnes of cane this season, according to Fiji Village.

Speaking to staff in Labasa on Nov. 25, the President said the sugar industry was vital to the country and without it, the government would be limping.

While the last few years had been challenging, FSC can pull through with its target, he said.

Katonivere was sworn in as the 6th President of Fiji on Nov.12, 2021. He was a Member of the Fiji Sugar Corporation Board prior to his Presidency.

#### BELIZE: Sugar exports up 20% in 2021

Belize's revenues from exports was up more than 13% between the months of January and October 2021, compared to the same period in 2020, with sugar a key earner, according to Breaking Belize News.

Revenue from sugar grew by 20% or BZ\$21 (US\$10.42) million, from BZ\$106.2 million in 2020 to BZ\$127.2 million in 2021, due to increased export quantities, the Statistical Institute of Belize reported in its latest external trade bulletin.

The SIB also reported that earnings from molasses grew by almost BZ\$5 million over the period, to BZ\$15.7 million in 2021.

## FoodNavigator.com

France accused of backing Nutri-Score to benefit its 'big conglomerates' in food



In a dialogue between scientists, MEPs and citizens, the French Government is accused of acting in self-interest by supporting front-of-pack nutrition label Nutri-Score. "It's no secret," says Spanish MEP Adrian Vasquez Lazara. "I hope the European Commission does not fall into the trap."

https://www.foodnavigator.com/article/2021/11/24/france-accused-of-backing-nutri-score-to-benefit-its-big-conglomerates-in-food

#### **UK HFSS legislation: How to approach reformulation effectively**

Reformulating HFSS products ahead of planned UK legislation is technically challenging, but analytical testing can help brands confidently navigate the process. Carole Bingley, technical specialist at Reading Scientific Services Ltd (RSSL), explains.

New legislation restricting price promotions, advertising and the in-store location of certain HFSS foods is expected to come into force in the UK in 2022. Part of the Government's wider Childhood Obesity Strategy, it aims to "help improve people's diets and reduce children's sugar intake."

As a result, many of the categories that fall within scope are those that make a significant contribution to children's overall calorie intake, including cakes, biscuits, breakfast cereals, morning goods and confectionary. Although there are notable exceptions, such as sausage rolls.

In practical terms, the new policy means that many brands will need to reformulate if they want to ensure regulatory compliance and avoid any curbs on marketing activity. Yet with fat, salt and sugar providing vital sensory and functional characteristics, this strategy requires careful management.

Afterall, achieving non-HFSS status will be a short-lived success if consumers don't buy the revamped product - no matter how much promotional activity is put in place to support it.

This is why analytical testing is such a valuable tool. By making it an integral part of the development process, brands can understand and evaluate the impact of reformulation changes on key aspects of product performance. Meaning they are in a much stronger position to move forward.

And when it comes to reworking an existing formulation to achieve non-HFSS status, there are a number of important issues to address.



#### **Farewell fats**

Altering the fat content of a product will directly impact the overall eating experience. Fats play a fundamental role in product structure, which means that using a different type of fat is highly likely to create changes in mouthfeel, flavour release and taste. Something which may also have implications for the processability of the product during manufacturing.

In baked goods, for example, switching from a hard fat to a more liquid alternative will reduce saturated fat content, but make it much harder to aerate the dough; creating potential problems with the volume and texture of the finished product.

Fat migration may also be problematic, particularly for products with layers or toppings such as cakes and biscuits. So too can shelf life, which may be shortened due to the beneficial role that saturated fats play in oxidative stability and rancidity.

#### So long salt

Reducing salt content will affect two important product parameters; preservation and taste.

Although changing packaging or processing may help to compensate for some of the salt's preservative effects, the addition of other preservative ingredients may be needed in order to fully match the original. Yet, with little currently available in terms of clean label options, this is likely to require a certain level of compromise for some brands.

One of the most effective strategies for tackling the change to taste profile, however, is to gradually reduce salt content by stealth over time. This slow and steady approach has been successfully adopted by a number of brands following high profile health campaigns. That said, there will be a baseline below which consumers will start to reject a product.

#### Sweet good bye

The multi-faceted role of sugar makes this element of non-HFSS reformulation complex and challenging.

Sugar not only provides sweetness and bulk, it also acts as a preservative, stabiliser, thickener and fermentation substrate in a range of different products. And let's not forget its ability to create the distinctive flavour and colour that is brought about by caramelisation and the Maillard reaction.

This makes sugar unique. So, although there are a number of well-known alternatives (natural and artificial), none can replace sugar on a like-for-like basis. Which means that understanding the strengths, weaknesses and limitations of each option in different applications is essential.



# The value of analytical tools

So how can analytical testing help to resolve these reformulation concerns?

Reformulation in the context of HFSS is often seen as an opportunity to review a product's nutritional content as a whole. So even if the main focus is sugar reduction, it may also make sense to look at lowering salt and fat content at the same time.

Whatever approach is taken, the taste and texture of the reformulated concept will be critical both to consumer acceptance and the commercial success of the initiative.

To evaluate these aspects, RSSL's multidisciplinary team of technical experts uses these main data sources:

- Sensory assessment: An objective, descriptive assessment of the sensorial qualities provided by our team of trained product evaluators. This is often linked to consumer understanding, in terms of liking or disliking the reformulated concepts.
- Physical analysis: Key physical product characteristics, such as rheology, density and texture, measured and mapped through instrumental methods; where the existing product is used as a benchmark for reformulated concepts.

Each element provides measurable data and objective insights that can then be used to shape the direction of the reformulation process.

Used in combination, this approach enables us to answer key questions about a reformulated product's performance. Such as why a biscuit has a less satisfying snap, or a yogurt's texture is lacking the required indulgent mouthfeel.

#### **Optimising opportunities**

For manufacturers, this level of detailed understanding can only help to ensure the reformulation project stays on track to build on the expertise of the food developers.

And of course, not every product will be suitable for reformulation. In which case, the best solution may be to go down a non-HFSS innovation route, rather than try to tweak an existing product to fit the criteria.

Either way, having the analytical data to support the chosen strategy means that brands can make an informed decision - and ultimately create products consumers will enjoy.

To find out more about RSSL and how we can support your product reformulation goals please click here or contact us on +44 (0)118 918 4076 or email enquiries@rssl.com

Rainforest Alliance, CABI tie-up helps smallholders reduce chemical pesticide use in food production



An MoU has been signed between agricultural knowledge resource CABI and NGO Rainforest Alliance to help smallholders improve farming practices.

https://www.foodnavigator.com/article/2021/11/26/rainforest-alliance-cabi-tie-up-helps-smallholders-reduce-chemical-pesticide-use-in-food-production

## Banana sector 'ripe for innovation' amid price wars and disease threat



Exploiting wild banana varieties may yield a solution to the so-called banana pandemic and provide consumers with new tastes and eating occasions.

https://www.foodnavigator.com/article/2021/11/23/banana-sector-ripe-for-innovation-amid-price-wars-and-disease-threat

Does fighting food waste sell? 'We're only going to change the system if the consumer buys into it'



The number of companies working to upcycle or prevent food waste is expanding, suggesting a potential for profit. Is tackling food waste a concept consumers are buying into?

https://www.foodnavigator.com/article/2021/11/25/does-fighting-food-waste-sell-we-re-only-going-to-change-the-system-if-the-consumer-buys-into-it