



# International Sugar Organization

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## EXECUTIVE DIRECTOR

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(English only)

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### Various sugar related articles

The Executive Director would like to draw your attention to the articles below all of which are relevant to the sugar sector.

#### FoodNavigator.com

##### **'Protect the liver, feed the gut...' Dr. Robert Lustig takes fresh aim at processed food industry: 'We've literally turned ourselves into foie gras'**

One cigarette won't kill you, observes pediatric neuroendocrinologist and sugar's arch-nemesis Dr. Robert Lustig, but 10,000 cigarettes over 10 years just might. Processed food is also poisoning us, it's just doing it much more slowly, contends Lustig, whose latest book boasts a characteristically provocative title: 'Metabolics: The Lure and the Lies of Processed Food, Nutrition, and Modern Medicine.'

<https://www.foodnavigator-usa.com/article/2021/05/25/robert-lustig-takes-fresh-aim-at-processed-food-industry-we-ve-literally-turned-ourselves-into-foie-gras>



##### **Retail sales of organic food & beverages rose 12.8% in 2020, with sales of organic flour and baked goods up 30%**

Consumer shifts in cooking and eating habits during the pandemic more than doubled the growth rate of organic sales in 2020 compared to before the coronavirus outbreak, helping to drive up retail sales of organic products 12.4% to \$61.9bn, according to the Organic Trade

Association.

<https://www.foodnavigator-usa.com/article/2021/05/25/organic-sales-surge-as-consumers-look-for-healthy-options-to-eat-at-home-during-the-pandemic>



##### **Coca-Cola faces competition probe as retailers call foul over unfair trading practices**

The European Commission has launched a probe into Coca-Cola over potential violations to competition rules. The news comes as debate over implementation of the bloc's approach to Unfair Trade Practices (UTPs) intensifies, with retailers flagging the negotiating power of large branded suppliers.

<https://www.foodnavigator.com/article/2021/05/25/coca-cola-faces-competition-probe-as-retailers-call-foul-over-unfair-trading-practices>



### **How UK brands are reformulating to avoid the HFSS ad ban**

UK food brands are currently digesting planned government legislation coming next year which will prevent marketing and advertising of HFSS being shown on TV (pre-9pm) and online from 2022 and limit where these products can be placed in bricks and mortar stores.

<https://www.foodnavigator.com/article/2021/05/19/how-uk-brands-are-reformulating-to-avoid-the-hfss-ad-ban>



### **Chocolate linked to lower cardio disease risk, study suggests**

Regular chocolate consumption may lower Coronary Artery Disease (CAD) risk, according to a study, which identifies cocoa content and flavonoid amounts in chocolate types as possible reasons for this link.

<https://www.foodnavigator.com/article/2021/05/25/chocolate-linked-to-lower-cardio-disease-risk-study-suggests>

### **ED & F Man**

Spain authorises neonicotinoid to deal with beetle outbreak – Agrodigital - The ministry of agriculture authorised the use of a neonicotinoid to deal with an outbreak of cassida vittata beetle. The product will only be allowed in the provinces of Seville and Cadiz from May 20 to August 7. Meanwhile, the Union of Small Farmers and Ranchers (UPA) welcomed the government's decision to impose a fine on Azucarera for breaching the terms of the interprofessional framework agreement.

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